



Jefferson County Parks and Recreation

★ 2013-2014 ★

What is Rec Kid Fit?

Rec Kid Fit is a program designed to help students develop and improve basic physical fitness skills (balance, flexibility, agility, muscular strength), in a non-competitive class setting. Instruction is nurturing and encouraging while emphasizing a "personal best" philosophy. The Rec Kid Fit curriculum includes practice in ball handling skills, creative movement, and loco-motor movement through fun, challenging games and activities.

Rec Kid Fit Details:

- ★ \$46 for 6 classes (45 minute classes) ~ \$53 for 6 classes (60 minute classes)
- ★ Save \$5 – register for 2 class sessions!
- ★ Save \$10 – register for 3 class sessions!
- ★ Class held in the Rec Center Gym, (620 Tyler Street, PT). Participants should wear comfortable clothes!
- ★ Class minimum – 4 students ~ Class maximum – 8 students per instructor
- ★ Limited space in some classes, sign up early!
- ★ For more information, visit our website www.countyrec.com.



Class Registration (complete both sides)					
Step One (choose session)	<input type="checkbox"/> Session 1 Sept 16-Oct 24	<input type="checkbox"/> Session 2 Oct 28-Dec 12 <i>No class week of 11/ 25</i>	<input type="checkbox"/> Session 3 Jan 6-Feb 13	<input type="checkbox"/> Session 4 Feb 17-Mar 27	
Step Two (choose class)	Monday	<input type="checkbox"/> Pre and Me (2-3 year olds with adult) Mon 10:30-11:15 \$46 - six 45 minute classes	<input type="checkbox"/> Pre-School (3-4 year olds) Mon 11:30-12:15 \$46 - six 45 minute classes	<input type="checkbox"/> Kindie (4-5 year olds) Mon 3:30-4:30 \$53 - six 60 minute classes	
	Thursday	<input type="checkbox"/> Pre and Me (2-3 year olds with adult) Thurs 9:30-10:15 \$46 - six 45 minute classes	<input type="checkbox"/> Pre-School (3-4 year olds) Thurs 10:30-11:15 \$46 - six 45 minute classes	<input type="checkbox"/> Kindie (4-5 year olds) Thurs 1:00-2:00 \$53 - six 60 minute classes	
		<input type="checkbox"/> Eagles ~ Grade 1-2 (6-8 year olds) Thurs 3:45-4:45 \$53 - six 60 minute classes	<input type="checkbox"/> *MIDDLE SCHOOL* (10-14 year olds) Thurs 5:00-6:00 \$53 - six 60 minute classes <i>(Session 1 & 4 ONLY)</i>	<input type="checkbox"/> PRE SCHOOL GROUP (Private Class) School: _____ Day/Time: _____	
Step Three (payment)	Total due: ____ \$46(45 minute classes) ____ \$53 (60 minute classes) ____ -\$5 off (pre register for 2 sessions)		Cash: _____	Check #: _____	Date: _____
					Staff Initial: _____

Registration is complete once payment and signed waiver is received. Wait list will be compiled once classes are full.
(20% of class fee is non-refundable)

Drop off payment at the Rec Center (620 Tyler Street, PT), or, mail completed form and payment to:
Jefferson County Parks and Recreation, 623 Sheridan Street, Port Townsend, WA 98368.

Kaylie Webber, Recreation Aide Supervisor
kwebber@countyrec.com /Voice: 360-385-2221/ Fax: 360-344-3541

See other side

For more detailed Rec Kid Fit info, call 385-2221 or visit www.countyrec.com

Rec Kid Fit 2013-2014

Participant First Name _____	Last _____	Age _____	Grade (Fall 13) _____	M _____	F _____	Birthday _____
Mailing Address _____		City _____		Zip _____		
Parent/Guardian One First Name _____		Last _____				
Parent/Guardian Two First Name _____		Last _____				
Home Phone _____	Alternate Phone _____		E-mail _____			
Emergency Contact _____			Phone _____			
Allergies/Special Needs _____ If yes, what _____						

JEFFERSON COUNTY PARKS AND RECREATION ASSUMPTION OF RISK, RELEASE OF LIABILITY AND CONSENT

(Please read carefully)

1. All participants are advised that Jefferson County Parks and Recreation Programs (JCPR) may involve some strenuous physical activity. Some (such as sports, games, drills, climbing, hiking, swimming, or running), present a risk of injury higher than that which people normally face in their everyday lives. This risk of injury cannot be wholly relieved by any preventive measures, whether restrictive rules, training, equipment or personal discipline. The decision whether to engage in any particular activity that forms part of the overall program shall be entirely the participant's. Participation in the program in no way obligates anyone to engage in any activity they do not feel they can accomplish.
2. On behalf of my minor child, (or on my own behalf, if an Adult Participant), I expressly acknowledge my full understanding of the risks of injury, including serious injury, disability or death that arise from participation in the JCPR Program. I acknowledge that I have had full opportunity to discuss the nature and extent of these risks with officials of the JCPR in order to inform myself fully on this subject. Based on that full understanding, I freely and knowingly assume all such risks, whether specifically known and unknown. I accordingly assume full and sole responsibility for my (or my minor child's) participation in the JCPR Program. I understand that I must report any existing medical, physical or mental condition which may affect my ability, or the ability of my minor child, to participate in JCPR Program, to the group leader before the program commences.
3. On behalf of myself and on behalf of my minor child (to the extent allowed by law), I hereby release and forever discharge JCPR, and all of the employees, officers, volunteers or agents of those entities, including as well any third party sponsors of JCPR but not limited to damage to property, personal injury, disability or death, resulting from my or my minor child's involvement in any aspect of the JCPR Program. This release applies whether the alleged injuries or damages arise from the negligence of any of the parties released in the previous sentence or not, to the fullest extent allowed by law.
4. To the fullest extent allowed by law, I, for myself and/or my minor child, and for any of our respective heirs, assigns, personal representatives and next of kin, hereby agree to indemnify and hold harmless all the parties released in Article 4 hereof from and against any and all liabilities arising from my participation in the JCPR Program. This undertaking to provide indemnity shall apply to the fullest extent allowed by law, even if the liability asserted against any of the indemnified parties arises wholly or partially from that party's negligence.
5. On behalf of myself and on behalf of my minor child, we have read and understand the Concussion Information Sheet which is available on the Jefferson County Parks and Rec website (www.countyrec.com) or available at the Rec Center 620 Tyler Street or the Public Works Office 623 Sheridan Street in Port Townsend.

(Fill in the Blanks Below)

I HAVE READ THIS ASSUMPTION OF RISK, RELEASE OF LIABILITY AND CONSENT. I FULLY UNDERSTAND ITS TERMS AND THAT BY MY SIGNATURE I GIVE UP CERTAIN RIGHTS I MIGHT OTHERWISE HAVE UNDER LAW. I hereby consent to allow my child to participate in the JCPR Program under the terms as set forth in this Assumption of Risk, Release of Liability and consent Agreement. The JCPR Program for which this consent is given is called Rec Kid Fit 2013-2014.



Signature of Parent or Guardian _____

Date _____

Signature of Participant (18 Years & Older) _____

Date _____

PHOTOGRAPH – VIDEO CONSENT

I hereby grant permission for myself or my child to be photographed or videotaped, without compensation, by JCPR, understanding that the same is intended for publication by print media, INTERNET newspaper, television, video or motion picture. I additionally consent to the use of my name in connection with the publication of photographs/video taken of me.



Signature of Parent or Guardian _____

Date _____

Signature of Participant (18 Years and Older) _____

Date _____